

Toddler Yoga



Free Parenting Program

**Tuesday
August 10
6:30 - 7:00pm**

**For parents with their
children aged 1 year old
and two years old**

[Register Online](#)

Jackie Long will guide you in practicing yoga with your toddler, employing music awareness and uplifting songs. Introduce your kids to yoga in this playful family workshop. Bring a mat or a towel for each person and wear comfortable clothes.

**Mountain View Public Library
585 Franklin Street
650.903.6897**

The
Library
links the
community
CITY OF MOUNTAIN VIEW PUBLIC LIBRARY

NOGANS • PEOPLE • IDEAS • IDEALS

**Sponsored by the
Friends of the Mountain View Library**